

BREAST CANCER SURGEON

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General Surgery with a special
interest in Breast Disorders

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MEDICAL SCHOOL

Kings College Medical School, London

BOARD CERTIFICATION

American Board of Surgery

RESIDENCIES

Stanford University Medical Center

APPOINTMENTS

Fellow, Royal College of Surgeons, England

Fellow, Royal College of Surgeons, Scotland

Fellow, American College of Surgeons

ASSOCIATIONS

Fellow American College of Surgeons (FACS)

Fellow of the Royal College
of Surgeons of England (FRCS)

Fellow of the Royal College
of Surgeons of Edinburgh (FRCSEd)

Member of the American Society
of Breast Surgeons

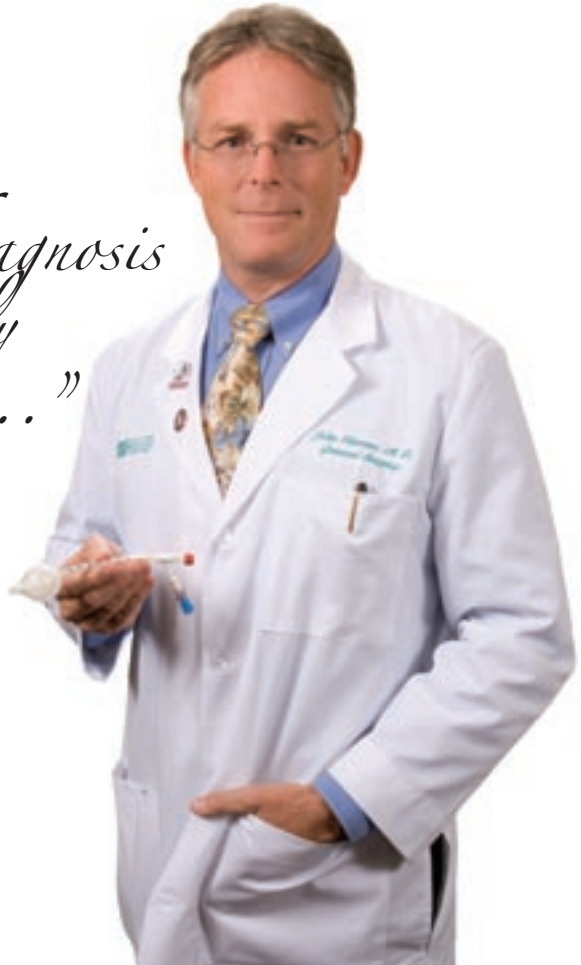
Member of the Society
of Laparoendoscopic Surgeons

Member of the American Society
of General Surgeons

Member Palm Beach County
Medical Society

Fellow of the International College
of Surgeons (United States Section)

*“Early diagnosis
is extremely
important...”*



MY MOTHER AND SISTER WERE BOTH DIAGNOSED WITH BREAST CANCER WHEN THEY WERE IN THEIR EARLY 40S. I TURN 40 THIS YEAR, AND I'M WORRIED. WHAT CAN I DO TO MAKE SURE ANY CANCER IS CAUGHT EARLY? WHAT ARE THE LATEST TREATMENTS?

You are right to be concerned. Family history, as well as a variety of other factors, are a strong indicator of whether or not you will be affected by breast cancer during your lifetime. But take heart. More cancers today are being found at the very earliest stages due to more and better mammography screening and women performing breast exams.

In addition, recent breakthroughs in radiation treatments mean more women are able to have these early cancers treated with little or no change in appearance, and are living longer, stronger lives.

I've treated many patients with early-stage breast cancer with partial breast radiation or brachytherapy. During this procedure, a radioactive seed or pellet is inserted into the breast at the site of the lumpectomy using a balloon catheter. This targeted radiation treatment is designed to work from the inside out, and as a result, patients can complete a cycle in as little as five days, rather than six weeks.

I'm pleased to announce that Hologic, the company that pioneered the "Mammosite" technology, has improved on its original design. A new, multi-lumen catheter will be available in the next few months. The multi-lumen design allows for a more targeted treatment and will enable this treatment to be an option for women who may not be candidates for brachytherapy currently, due to smaller breast size.

Breast cancer may not be in your future, but I want to stress that it's important to take preventative measures now. Eat right. Exercise often. If you smoke, stop. Schedule regular mammograms and examine yourself at least once a week.

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